



Tree Street Trauma and Attachment Center

Tree Street Trauma and Attachment Center at Connections for Kids is located at 37 Park Street, Suite 201 and 203 in Lewiston and provides Outpatient Mental Health Services as a satellite office to our South Portland location. At our Lewiston office we serve child and adults impacted by trauma exposure to acute incidents such as chronic abuse, neglect, loss and accidents. The Lewiston office is safe and inviting environment. For services we offer:

- Screening, assessments and referrals - Rapid Access
- Brief and long term individual therapy for children and adults
- Family therapy
- Co-occurring with substance abuse
- Group therapy

Our team of clinicians use a trauma-informed, strength based approach which utilize a wide array of evidence-based treatments and other interventions. These interventions include but are not limited to Psychoeducation, Attachment, Self-regulation and Competency (ARC), Cognitive-Behavioral Therapy (CBT), Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), Dialectical Behavior Therapy (DBT), Motivation Interviewing, parental skill building and co-parenting counseling.

Other services we offer:

Home and Community Based Treatment (HCT) - HCT is a home based behavioral health service for youth and families in need of a more intensive treatment than our outpatient therapy. Services are provided by a master's level clinician and a bachelor's level Behavioral Health Specialist (BHP). This in home treatment offers strategies to help children and families manage mental health symptoms, function better in home, school and the community and prevent hospitalization.

Targeted case Management (TCM) - Providing short term case management for children and youth to provide information and help coordinate and advocate for their needs. Targeted Case Management delivers services by licensed BA level social workers (LSW or LSX) to children and young adults who meet Maine Care eligibility requirements and live in Maine.

Section 28: Rehabilitative Community Support (RCS) - Rehabilitative Community Support Services are home and community based behavioral health services designed for children with development delays and functional limitations; including autism, intellectual disability and developmental disability.

Connections for Kids is a fully licensed mental health agency specializing in developing helpful relationships, building client strengths, and using treatment and education that works. CFK engages children, youth, adults and families in healthy activities and educational programs.



Tree Street Trauma and Attachment Center
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